

BAYTEX

ENERGY TRUST

FOR IMMEDIATE RELEASE - CALGARY, ALBERTA – JANUARY 15, 2009

BAYTEX ENERGY TRUST CONFIRMS MONTHLY DISTRIBUTION AT \$0.18 PER UNIT

CALGARY, ALBERTA (January 15, 2009) - Baytex Energy Trust (TSX: BTE.UN; NYSE: BTE) announces that a cash distribution of \$0.18 per unit in respect of January operations will be paid on February 17, 2009 to unitholders of record on January 30, 2009. The ex-distribution date is January 28, 2009.

The U.S. dollar equivalent distribution amount is approximately US\$0.1454 per trust unit assuming a Canadian to U.S. dollar exchange rate of \$0.8076. The actual U.S. dollar equivalent distribution for unitholders who hold through a brokerage firm will be based on the exchange rate in effect on the payment date and net of applicable Canadian withholding taxes. Registered unitholders are paid directly by Baytex's transfer agent, Valiant Trust Company, and the actual U.S. dollar equivalent distribution will be based on the exchange rate in effect on the record date and net of applicable Canadian withholding taxes.

The annualized distribution of \$2.16 represents a cash-on-cash yield of approximately 14.3% based on the closing price of Baytex trust units of \$15.11 on the TSX on January 14, 2009.

Baytex Energy Trust is a conventional oil and gas income trust focused on maintaining its production and asset base through internal property development and delivering consistent returns to its unitholders. Trust units of Baytex are traded on the Toronto Stock Exchange under the symbol BTE.UN and on the New York Stock Exchange under the symbol BTE.

All dollar amounts in this press release are Canadian dollars unless otherwise identified.

For further information, please contact:

Baytex Energy Trust

Anthony Marino, President and CEO
Derek Aylesworth, Chief Financial Officer
Erin Cripps, Investor Relations

Telephone: (403) 267-0708
Telephone: (403) 538-3639
Telephone: (403) 538-3681

Toll Free Number: 1-800-524-5521

Website: www.baytex.ab.ca