

FOR IMMEDIATE RELEASE - CALGARY, ALBERTA - AUGUST 17, 2009

BAYTEX ENERGY TRUST CONFIRMS MONTHLY DISTRIBUTION FOR AUGUST AT \$0.12 PER UNIT

CALGARY, ALBERTA (August 17, 2009) - Baytex Energy Trust (TSX: BTE.UN; NYSE: BTE) announces that a cash distribution of \$0.12 per trust unit in respect of August operations will be paid on September 15, 2009 to unitholders of record on August 31, 2009. The ex-distribution date is August 27, 2009.

The U.S. dollar equivalent distribution amount is approximately US\$0.1094 per trust unit assuming a Canadian to U.S. dollar exchange rate of \$0.9115. The actual U.S. dollar equivalent distribution for unitholders who hold through a brokerage firm will be based on the exchange rate in effect on the payment date and net of applicable Canadian withholding taxes. Registered unitholders are paid directly by Baytex's transfer agent, Valiant Trust Company, and the actual U.S. dollar equivalent distribution will be based on the exchange rate in effect on the record date and net of applicable Canadian withholding taxes.

The annualized distribution of \$1.44 represents a cash-on-cash yield of approximately 6.0% based on the closing price of Baytex trust units of \$23.93 on the TSX on August 14, 2009.

Baytex Energy Trust is a conventional oil and gas income trust focused on maintaining its production and asset base through internal property development and delivering consistent returns to its unitholders. Baytex's trust units are traded on the Toronto Stock Exchange under the symbol BTE.UN and on the New York Stock Exchange under the symbol BTE.

All dollar amounts in this press release are Canadian dollars unless otherwise identified.

For further information, please contact:

Baytex Energy Trust

Anthony Marino, President and CEO

Derek Aylesworth, Chief Financial Officer

Cheryl Arsenault, Investor Relations Representative

Telephone: (403) 267-0708

Telephone: (403) 538-3639

Telephone: (403) 267-0761

Toll Free Number: 1-800-524-5521 Website: www.baytex.ab.ca