



FOR IMMEDIATE RELEASE - CALGARY, ALBERTA – AUGUST 16, 2010

**BAYTEX ENERGY TRUST CONFIRMS MONTHLY DISTRIBUTION FOR AUGUST
AT \$0.18 PER UNIT**

CALGARY, ALBERTA (August 16, 2010) - Baytex Energy Trust (“Baytex”) (TSX: BTE.UN; NYSE: BTE) announces that a cash distribution of \$0.18 per trust unit in respect of August operations will be paid on September 15, 2010 to unitholders of record on August 31, 2010. The ex-distribution date is August 27, 2010.

The U.S. dollar equivalent distribution amount is approximately US\$0.1731 per trust unit assuming a U.S. to Canadian dollar exchange rate of 0.9614. The actual U.S. dollar equivalent distribution for unitholders who hold through a brokerage firm will be based on the exchange rate in effect on the payment date and net of applicable Canadian withholding taxes. Registered unitholders are paid directly by Baytex’s transfer agent, Valiant Trust Company, and the actual U.S. dollar equivalent distribution will be based on the exchange rate in effect on the record date and net of applicable Canadian withholding taxes.

The annualized distribution of \$2.16 represents a cash-on-cash yield of approximately 6.4% based on the closing price of Baytex trust units of \$33.85 on the TSX on August 13, 2010.

Baytex Energy Trust is a conventional oil and gas income trust focused on maintaining its production and asset base through internal property development and delivering consistent returns to its unitholders. Baytex’s trust units are traded on the Toronto Stock Exchange under the symbol BTE.UN and on the New York Stock Exchange under the symbol BTE.

All dollar amounts in this press release are Canadian dollars unless otherwise identified.

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